

# One smile at a time at Houston Dental Implants!

By SUSAN MCFARLAND

Tribune Correspondent

There's a new face in the office at Houston Dental Implants, Family Dentistry, Oral Surgery, and Periodontics on McKay Blvd. in Humble. Dr. Alisha Paal, D.D.S., a Michigan native, recently joined founder- Dr. Holly Gregory, D.D.S., M.S. in the dental practice. Uniquely, Houston Dental Implants offers comprehensive dental and surgical specialist care in a family owned setting.

Paal provides general family dentistry services, including comprehensive exams, root canals, aesthetic and restorative work. Paal serves all ages from young babies of 6 months for a well-baby check-up, to those who have celebrated their 100th birthday. The practice is currently running a new patient special for \$20, which includes a dental exam

with Dr. Paal and corresponding X-rays. The practice now provides general dentistry in addition to routine cleanings and the lengthy list of specialist services provided by Dr. Gregory. Gregory has been providing a wealth of services involving implant dentistry, oral surgery, and periodontics. She even offers "New Teeth In One Day" which utilizes dental implants to retain a set of natural, beautiful looking teeth. Gregory and Paal use the latest technology, including low radiation 3-D imaging, and offer relaxing sedation for those who might be apprehensive about having dental work done.

Both dentists have impressive educational backgrounds. Gregory graduated at the top of her class from Texas A&M and first in her class at Baylor College of Dentistry in Dallas. As impressive as her educational background is, she is known just as much for her dedication to high-quality work and gentle demeanor. Paal attended University of Michigan, Ann Arbor, for



Dr. Alisha Paal, DDS is a welcome addition to the Houston Dental Implants office in Humble.

both undergraduate and dental school and completed a residency at Northwestern Memorial Hospital in Chicago to learn more about complex restorative cases, something not every family dentist does. After her residency, Paal began practicing in Chicago before meeting her fiancé on a trip to Austin. So far, Paal has found the adjustment to Texas, and the lack of snow, very easy.

Paal said one of her favorite parts of dentistry is to turn non-smilers into smilers. "We figure out what patients like and don't like about their smile, whether it's the spaces in their teeth, the color, or the shape. The patient and I work together to find the best possible treatment plan for his or her needs."

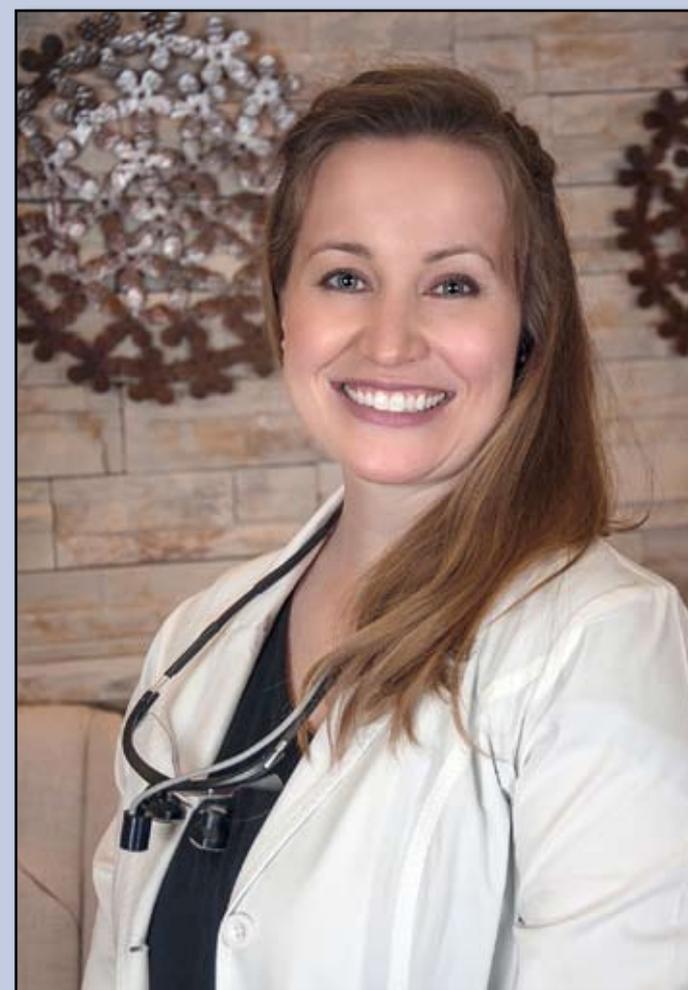
Paal said they strive to make the dental experience the best for their patients.

"It is our whole approach, from our warm front desk staff and inviting office to the doctors making patient comfort a priority." Both doctors place a great importance on patient education and this is done by utilizing xrays, clinical photos, and models so the patient understands his or her own oral health status.

For those looking to avoid extra visits to the dentist, Paal stressed the importance of preventative care.

"See your dentist at least twice a year. Brush your teeth twice a day, floss once a day, and use a fluoridated toothpaste. It is usually much easier, and less expensive, to fix a problem when caught early." The practice offers different payment options and likes to work with patients when it comes to financial details.

Houston Dental Implants, Family Dentistry, Oral Surgery, and Periodontics is located at 19502 McKay Blvd, Suite 202 in Humble. To schedule an appointment call (281) 446-9157. For more information on the services offered, visit [nehoustonimplants.com](http://nehoustonimplants.com)



**OWNER:**

**Dr. Holly Gregory, D.D.S., M.S.**



**Houston Dental Implants**  
Oral Surgery & Periodontics

[DentalImplantsHoustonTx.com](http://DentalImplantsHoustonTx.com)

**OPENED DOORS:**

**The practice has been in business since the 1970s and Dr. Gregory has been the owner for the last ten years. She opened her new location in Humble five years ago."**

**QUOTE:**

**Offering superior oral surgery, periodontal, and family dental care in a gentle environment.**