

# Juergen Achtermann believes in living life, making memories

BY BEVERLY REYNOLDS

*Tribune Correspondent*

Only a select number of educational facilities that have been in business for the past 30-plus years can boast having more than 200 second-generation students out of the over 1,400 students that attend on a weekly basis. That is exactly what Juergen Achtermann of Juergen's Gymnastics Academy in Atascocita can claim, since a great many of his students have at least one parent that was previously a member of the facility.

"Although we have changed facilities within the Lake Houston area throughout the years, many families have fallen in love with our studio since 1986. This is exactly what our student population has done, even past our most recent move in December of 2017 – just last year," stated Achtermann.

Juergen's offers a vast variety of classes for both boys and girls. The ages of the programs offered range from 18 months up through, and including, adults of nearly any age or athletic abilities.

Many people think that gymnastics is solely for females or only for experienced gymnasts. However, Juergen's works hard to get past these stereotypes. The programs offered include beginner level through advanced competitive teams. The results are that every single person can feel that they CAN participate, regardless of their own personal aptitude or athleticism, and excel beyond their own personal measure.

The specific programs offered at Juergen's include, but are not limited to, the following: Parent/Tot Classes (18 months through 3 years old), Preschool Gymnastics (3-4 years old), both Boys and Girls Recreational Gymnastics (Ages 5 and up), Tumbling Classes, Cheerleading Classes, Ninja Zone, Adult Gymnastics, Competitive Team, Girls U.S.A. Gymnastics Teams Levels Two and

up, Boys U.S.A. Gymnastics Teams Levels Four and up and All-Star Competitive Cheer Squads.

As you can see, Juergen's Gymnastic Academy is a multi-functional place with a vast array of possibilities for every member of the family. They strive for excellence in every activity, whether it be a class or event.

"Something you may not know about our facility is that we offer special events, such as birthday parties, open gyms, clinics, parents' night out, day camps, National Gymnastics Day activities and much more," said Achtermann. Another great thing about Juergen's is that the entire staff is certified in CPR, first aid and safety and blood-borne pathogens.

This facility has been providing a family-friendly workout facility for all ages, specializing in gymnastics, tumbling and cheerleading in a positive, safe and clean environment. The motto of this educational facility is: "Where kids stay fit!"

Achtermann said, "It is important to the entire staff that memories are created within our walls. My favorite quote is, 'Living life and making memories.' Life is all what we make of it, so why not strive to be your

best and give of your best so that you have a legacy that OTHERS remember?"

"It is hard to measure the expansive impact the staff has had on the students throughout the years. I feel confident that this structure and repeat, generational business will continue for decades to come," he said.

Juergen's Gymnastics Academy can be reached by calling 281-913-1951 or visiting juergensgym.com. The facility is located in Humble/Atascocita at 5362 FM 1960 E. in the Lake Country Plaza behind Coaches, between Dollar General and Jumpalooza. This location is centrally located in Humble and near Kingwood.

Achtermann encourages all inquiries and welcomes new participants and long-standing families into the doors.



**OWNER:**

*Juergen Achtermann*



**OPENED DOORS:**

**1986**

**FAVORITE QUOTE:**

**"Living Life and Making Memories"**