

Dr. Raymond Little - Vein Institute and Medispa at Houston Heart and Vascular Associates

Dr. Raymond Little, founder of The Vein Institute and Medispa in Kingwood, has been helping clients with vein issues for more than ten years. Clients have come to him for help with peripheral artery disease (PAD), a narrowing of the blood vessels in legs and feet, as well as vein issues like varicose veins and spider veins.

The Vein Institute has grown over past several years to cover more than standard medical procedures like vein removal and treatment, and now also offers a host of aesthetic services.

"We cover the spectrum of different cosmetic needs like laser hair removal, photofacial, microdermabrasion, tattoo removal, and injectables. We offer laser Smart lipoplasty and Vaser lipoplasty, which permanently destroy fat cells", said Dr. Little. "Lipoplasty is different from traditional liposuction. Both techniques use high energy to burst fat cells and empty their content into a clear liquid anesthesia fluid. However, lipoplasty is generally less invasive, there is less downtime, less "bruising and oozing" and less likely complications. With lipoplasty, we use minimally invasive energy to destroy fat cells through tiny entry points that are about 4 mm in length. There are no scars and, because we use tiny entry points, we can infiltrate the areas we are going to treat with a liquid anesthesia. It is, in essence,

awake lipoplasty. Because it's minimally invasive, recovery is much faster. It's not unusual for people to have the procedure done on Friday and return to work on Monday. Many ladies tell me lipoplasty is more affordable than conventional liposuction. It is excellent for a client who has localized areas of fatty tissue who wants a good look with minimal downtime", said Dr. Little.

Dr. Little also speaks proudly of the success



they have had with clients who have signed on with the Vein Institute's "Take Shape for Life" weight management program.

"We have brought together a multi-disciplinary team who has specialized training and expertise in helping people lose weight and, more importantly, keep it off. Although our primary goal is to help our patients reach their target weight, we also emphasize the importance of education in developing healthy habits. We provide medical weight-loss counseling on subjects ranging from nutrition and fitness to behavioral modification and medical treatment. Our comprehensive weight-

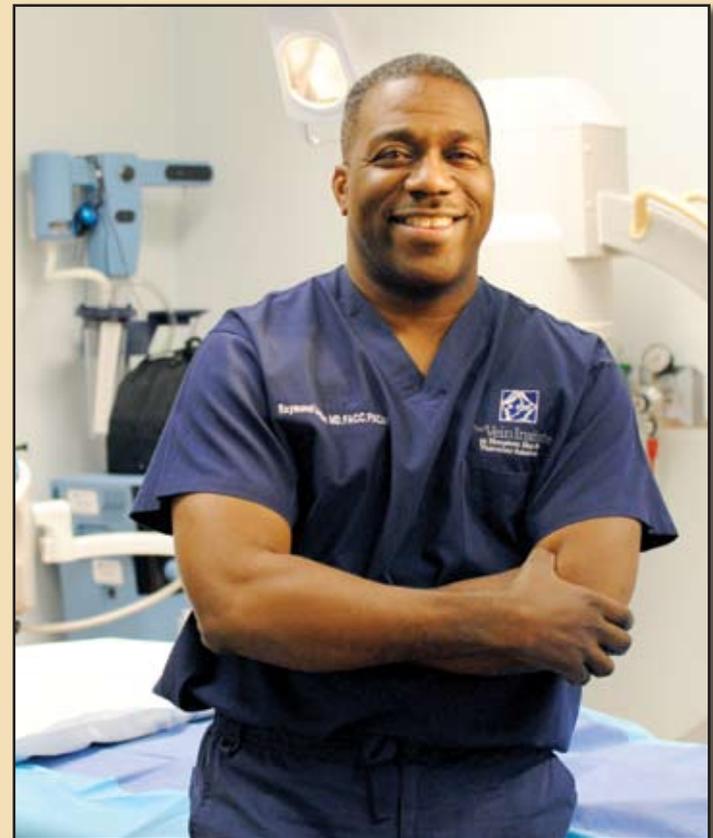
loss approach has been proven effective in helping our patients lose weight, in part because we develop a customized program for each of our clients."

Dr. Little went to medical school and completed his residency at Boston University and also completed a fellowship at Georgetown University. He received additional training at Baylor and in Bologna, Italy. Dr. Little lives with his family in Kingwood.

Debby Currin, a client of Dr. Little, speaks highly of the doctor. "He is a great doctor. ...He put me through a battery of tests and stuck with the problem until he solved it. He went above and beyond the normal standard of care. My family and I are extremely grateful for his diligence and personal attention", said Currin.

"I am so happy I chose to have the Endovenous laser Therapy for my varicose veins. My legs were not attractive, I had severe pain, swelling and tingling in my legs and toes. Now, after these procedures have been done, I am no longer have pain, etc. I am looking forward to showing off my legs next summer! Thank you, Dr. Little and all your staff. Such professionals all of you!", said P. Hernandez.

For additional information, go to veinandlipo.com or call 281-312-0208 to make an appointment for a consultation. The Vein Institute and Medispa has two location, one in Kingwood at 24040 Highway 59 North, and one in Houston.



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The Vein Institute
At Houston Heart and Vascular Associates

OPENED DOORS:
2007

FAVORITE QUOTE:

For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.

Romans 8:38-39